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CFAY

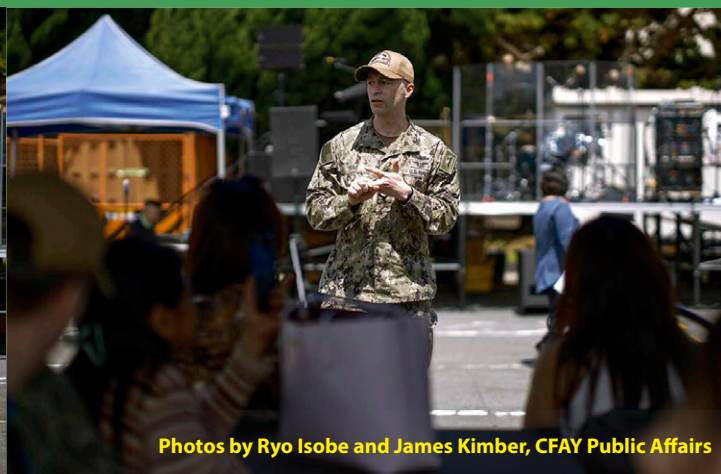
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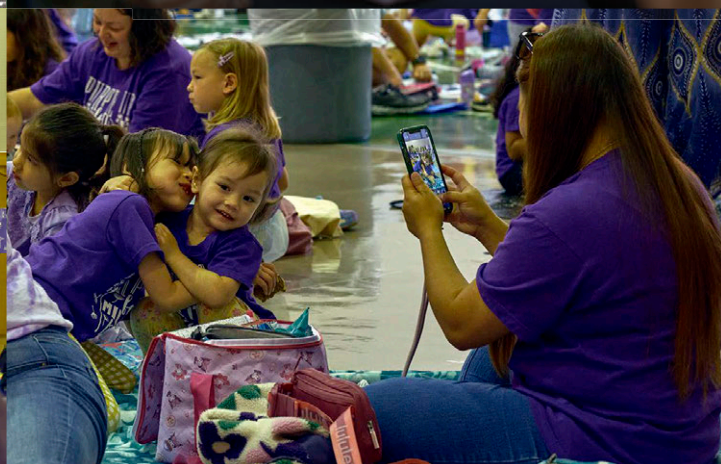
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April 26, 2024

This Week at Fleet Activities Yokosuka



Photos by Ryo Isobe and James Kimber, CFAY Public Affairs



**IN THIS
ISSUE:**

**Navigating Pet Transportation
during PCS to Yokosuka**

MWR Events

Beyond the Gate

AROUND CFAY



Welcome Aboard: Navigating Pet Transportation during PCS to Yokosuka

By James Kimber, CFAY Public Affairs

This is the third of our "PCSing with Pets" series. In this part, the Yokosuka Navy Exchange and Commander, Fleet Activities Yokosuka (CFAY) Command Admin Department's Family Assistance Support Team, or FAST, go over options to get your pet from the airport to the installation.

Both Yokosuka's and Yokota's Veterinary Treatment Facilities clarified in the first article the Government of Japan requirements for all personnel planning to bring pets in the country as part of a Permanent Change of Station, or PCS. Pets Are Worth Saving, a non-profit animal shelter authorized to operate on base, then provided guidance on how to prepare your pet for the long trip inside a crate to minimize anxiety and create as comfortable as an environment as possible.

In this part, the focus shifts from the veterinary



certificates needed to successfully navigate the Government of Japan's inspection process and the training recommendations to help your pet grow more resilient. Here, the focus is on safely transporting your pet from the airport to Commander, Fleet Activities Yokosuka.

The most common commercial airports personnel will arrive at are either Narita International Airport, the country's largest airport located in Chiba, or Haneda International Airport in Tokyo. Travelers arriving here will have guidance to utilize the CFAY Airport Shuttle Service.

However, this shuttle service is not authorized to transport pets.

Fire Controlman (AEGIS) 1st Class Mathew Wilson is the leading petty officer for CFAY Admin Department's Family Assistance Support Team. This team is more commonly called FAST within the base community. CFAY FAST is located in the James D. Kelly Fleet Recreation Center on the third floor. Fleet Rec's third floor is a wide-open space with plenty of seating, a food court, power outlets and free Wi-Fi creating a perfect environment for junior Sailors to set up their laptop – or the occasional console and TV – to game. The regulars are affectionately known as the "Third Deck Warriors."



It's in this wing of Fleet Rec where CFAY FAST provides Sailors and their family members the multiple re-entry passport stamp, acts as an auxiliary military identification card lab, and is also relied on to provide guidance to transferring personnel who may not know where else to turn for help.

Among the most frequently asked topics is pet transportation.

Ideally, the sponsor can pick up the Sailor and their pet from the airport. As welcoming and hospitable as it may be, there's a reality that "it's not even possible in a lot of cases," Wilson said. "[FAST] can't provide service to Narita or Haneda, but we can offer suggestions that might help."

The team provides guidance and includes a document that outlines the alternative commercial vendors. One of those choices is Navy Exchange-contracted Van Chauffeur Services, led by a contractor who goes by one name. Her name is Pola.

"Our regular fees are \$110 for Haneda and \$170 for Narita per van, but there are additional fees for early morning and night," Pola said in a phone interview. "Most PCSing families will need more than one van, so they should plan for a higher quote."

One of the advantages to the Navy Exchange Van Chauffeur is that the driver and vehicle have base access, meaning the transferring family and pets can all be taken right up to the Navy Lodge's entrance.

Travelers should note, however, that Van Chauffeur Services only provides transportation to and from Haneda and Narita airports, the contractor only has



four vans in their fleet, and they serve other clients on a first-come-first-serve basis including those who are not authorized to use government-operated shuttle buses.

"Unfortunately, I have to turn down a lot of requests because of schedule conflicts," Pola said.

Pola also noted that there are several companies who can support even last second requests.

"I don't know much about them," Pola said, but FAST has a list of off-base vendors travelers can choose.

Those who "choose a commercial vendor have to coordinate with the [CFAY Security Department Visitor Control Center] before their own arrival to get their driver on base. Or walk through the gate with their luggage to either get a base taxi or meet a friend," Boatswain's Mate 2nd Class Cheryl Cherisma said. Cherisma is also part of CFAY FAST and is often the person greeting the office's walk-ins. Her desk is the first of the five desks in the office's main area. A counter above her desk displays multiple brochures and fliers prominently displayed next to the sign in sheets and readily available for sponsors to pick up for incoming personnel.

"These have everything they need to know," Cherisma said.

Next to Cherisma's desk is Aviation Boatswain's Mate (Aircraft Handling) 3rd Class Jessica Freeman. Personnel who have called FAST recently, likely talked to Freeman first.

A large number of personnel will also arrive at Yokota Air Base's Passenger Air Terminal.





Yokota Air Base is the Air Force's installation in the northern Kanto Plain at the foothills of the Okutama Mountains a little less than 30 miles west of Tokyo. A short drive east is the beginning of the Tokyo Metropolitan sprawl. A short drive west is farmland. A two-hour drive southeast is Yokosuka.

"If you're arriving at Yokota with your pets, we can support," Freeman said.

At the time of this writing, neither the Navy Exchange nor Army and Air Force Exchange Service offer commercial transportation from Yokota to CFAY. Due to this known gap in commercial option availability, FAST is authorized in the interim to assist by coordinating with Naval Facilities Engineering System Command (NAVFAC) Far East personnel to send additional support to Yokota.

"We ask for at least two days' notice," Freeman said. "But we can take requests as early as 30 days before arrival." However, one to two weeks' notice is preferred.

"The notice helps us with muster," Wilson said. "It makes it easier for us to be able to maintain accountability and ensure we're not wasting the driver's time or the command's resources."

NAVFAC operates the large airport shuttles that go to Yokota daily. These shuttles aren't equipped to safely transport pets, so – with appropriate coordination – NAVFAC will also dispatch appropriate smaller coach liner buses based on how many pets are on the manifest.

"They're usually able to fit an entire family including pets and luggage in one vehicle, but larger families might need to split up with some on the larger bus and some in the van," Freeman said.

All other pet owners not traveling to Yokota will need to plan for commercial expenses. According to a MyNavyHR Fact Sheet dated April 4, 2024 Sailors on PCS orders may be authorized reimbursement for costs related to one

household pet during the move. Reimbursement for the actual cost of all necessary expense in connection with the movement of the pet is limited to \$2,000 per PCS move according to the latest Joint Travel Regulation (JTR), dated April 1, 2024. That doesn't necessarily include the already paid-in-full veterinary bills outside of mandatory microchipping and the already purchased crate and accessories to prepare a pet to fly to Japan. Overseas pet transportation fees can quickly reach \$2,000 or more, so keep all your receipts to receive the maximum reimbursement.

Caroline Coffey is the director of the Navy-Marine Corps Relief Society, or NMCRS, Yokosuka office. Her office is on Main Base in the Community Readiness Center across the street from the Commissary. It's located on the third floor to the right of the CFA Yokosuka Morale, Welfare, and Recreation (MWR) office. In May 2021, NMCRS began a program specific to pet owners in the military to provide interest-free loans covering many of the expenses two pets can incur during overseas moves.

Coffey encourages personnel to "stop by our office or give us a call so we can review their pet shipping request. This helps us provide personalized service and the appropriate assistance."

NMCRS can only provide assistance for cats or dogs and the member must be transferring to or from an overseas unit. Those who meet the criteria and are interested in the program are asked to bring their most recent Leave and Earnings Statement (LES), a pet shipping estimate, verification of pet ownership as recognized by DoD, and orders verifying the request is within 60 days of the No Later Than (NLT) date.

Resources:

- **Yokosuka Navy Exchange (NEX) Van Chauffeur Services**
DSN 243-4511

- **CFAY Admin Department Family Assistance Support Team**

<https://cnrj.cnic.navy.mil/Installations/CFA-Yokosuka/Departments/Admin/FAST/>

- **CFAY Airport Shuttle Service**

<https://cnrj.cnic.navy.mil/Installations/CFA-Yokosuka/About/Installation-Guide/Airport-Shuttles/>

- **Navy-Marine Corps Relief Society Yokosuka**

<https://www.nmcrs.org/locations/yokosuka>

- **NAVPTO | Pet Transportation Fact Sheet April 4, 2024**

https://www.mynavyhr.navy.mil/Portals/55/Support/PayPers/CPCResources/240404_FACT_SHEET_NAVPTO_PET_REIMBURSEMENT.pdf

- **The Joint Travel Regulation (JTR) April 1, 2024**

<https://media.defense.gov/2022/Jan/04/2002917147/-1/-1/1/JTR.PDF>



American Red Cross

American Red Cross Spring Classes

All classes are blended learning courses including an online portion, and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.



CPR/AED/First Aid Course (\$55)

- Sunday, May 5: 9 a.m. to 12 p.m.
- Saturday, June 1: 9 a.m. to 12 p.m.
- Monday, June 3: 3 to 6 p.m.

Basic Life Support Course (\$55)

- Wednesday, May 1: 1 to 4 p.m.

Babysitting Basics (\$70) Recommended for ages 11-17

- Wednesday May 15: 3 to 6 p.m.

Additional classes available by request for group of plus three.



To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.

FFSC WEEKLY

More details on FFSC YOKOSUKA FB page



CFS Training

Apr 29 - May 3 at 0800

Active Parenting 5-12

Apr 29 at 1000

AOB/ICR

Apr 30 - May 2 at 0800

Infant Massage

Apr 30 at 1030

Ikego Japanese Language Series

Apr 30 at 1200

MBMF - Problem Solving

May 1 at 0900

Pre-Marriage Seminar

May 1 at 0930 (Virtual)

Ombudsman Zushi-Hayama Tour

May 1 at 1000

Active Parenting Teens

May 1 at 1030

Sponsorship On-Demand

May 2 at 0800 (Virtual)

Symptom Reduction Group

May 2 at 1030

Resiliency Bootcamp

May 2 at 1130

SAPR VA Refresh Training

May 2 at 1300

MBMF - Connection

May 3 at 0900

Smooth Move

May 3 at 0900

Military Spouse 101

May 3 at 1300 (Virtual)

Modeling in Japan

May 3 at 1300 (virtual)

See something you like? Sign up via email: ffscinfo@us.navy.mil



Embrace the JOY of parenting.



An Active Parenting group is starting soon!

We are proud to bring the acclaimed **Active Parenting** program directly to you! This workshop will show you effective ways to...

- use nonviolent discipline that really works
- open up lines of communication—before they get clogged
- teach responsibility, courage, and other important character traits
- encourage school success in 7 steps
- prevent future problems with drugs, alcohol, and sex
- defuse power struggles with your children
- stimulate independence as your child grows older
- stop scolding and start smiling with your kids again!

Active Parenting will give you skills to achieve a fuller, more satisfying family life... and help your children achieve greater happiness and success. Written by Dr. Michael Popkin, one of the nation's foremost experts on parenting education, this course will show you a proven-effective approach to parenting that will lead to more harmony and happiness for you and your children. You'll learn 7 strategies for school success, along with positive discipline and communication techniques to help your family run more smoothly.

But the heart of the matter is the increased JOY you will experience as a family. Since 1983 over three million parents have learned from this dynamic, entertaining, and fun-filled video and discussion program—and now, so can you!



A video & discussion program for parents of children ages 5 to 12

For more information and sample videos, go to www.ActiveParenting.com/AP4-parents.



You're invited to attend

Active Parenting of Teens :)

For Parents of Teens and Tweens

The challenge of successfully ushering children through their teen years has always been among parents' hardest-won achievements. But in today's society where children seem to become adults overnight, and where they often make decisions about drugs, sexuality, and violence before they understand the consequences, a parent's job is more important than ever. So how can you ensure that your teens develop the skills and character they need to not only survive but to thrive as they gain independence?

You *can* create harmony and stability in your family while raising your teens to be responsible, courageous and prepared for independent life. *Active Parenting of Teens*, a video and discussion program by parenting expert Dr. Michael Popkin, will show you how. In six sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to parenting, plus indispensable techniques and insights for overcoming obstacles, that will bring happiness and harmony into your home. You'll leave each session energized and motivated to make positive and realistic changes in your own family's daily life.

Since 1983, millions of families have learned the benefits of Active Parenting. Now it's your turn.

Join us at the next session and see the difference!

Narrated by TV mom Daphne Maxwell Reid ("The Fresh Prince of Bel-Air") and by the author, Dr. Michael Popkin

Active Parenting of Teens will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth. You'll learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent

... and much more, plus insight into important issues such as teens online, bullying, and depression.



SIGN UP NOW!



Starting Mondays in April

1000-1130

6 sessions;

Apr 15, 22, 29, May 6, 13, & 20

***Closed for sign-ups after Apr 22**

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil

Starting Wednesdays in April

1030-1200

6 Sessions;

Apr 17, 24

May 1, 8, 15, 22

***Closed for sign-ups after Apr 24**

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil

SYMPTOM REDUCTION GROUP



EMDR
(Eye Movement Desensitization Processing)
G-TEP
(Group Episode Protocol)

May 2 at 10:30
CRC Bldg. 4F, Counseling Office

We will apply the same principles of EMDR in a group format. With NO sharing of any trauma during the group. In fact, no speaking necessary for this group.

- ✓ Reduce triggers from traumatic events into more manageable levels
- ✓ Increase resiliency
- ✓ Learn new stress management skills

GTEP is appropriate for both recent and long-term traumatic events for those 18 and older.

For more information or to register, please call 243-7878 or email FFSCinfo@us.navy.mil

Resiliency Bootcamp



Date & Time:
1130-1230
Every 1st & 3rd
Thursday of the month
Apr 4.18
May 2.16
June 6.20

Let's
EXERCISE
MENTAL
Health

Location:
Library
Meeting Room
at CRC Building

About the Class

This course is designed to help you build resiliency to and achieve your best SELF.

Let's work out elements of meditation and self-care that will help you enhance your mental fitness.

Registration Required:
Contact: FFSCinfo@us.navy.mil, DSN: 243-7878

TEEN SUMMER EMPLOYMENT PROGRAM

June 3 - Aug 16



Come
work for
CYP!

Teens, are you stuck in Yokosuka all Summer?
Do you Need a Job? Come work for CYP!

Summer Teen Employment Program

High School Students: 15-18 years old.
Dates: June 3 through Aug 16
Salary: \$15 per hour (up to 40 hours a week)
"Whaaaaaaat? Potential to earn \$6000+ over the
Summer?! Yes!

Must attend two pre-employment
trainings on April 8 from 9 a.m. - Noon at the
CRC Bldg. # 3365, 4th floor AOB/ICR auditorium.

For more information or to signup
call or email our School Liaison Officer at
MWR_Yokosuka_School_Liaison@us.navy.mil or
scan the QR code below

243-4079 or 046-816-4079 or
243-5542 or 046-816-5542

SCAN ME



ATTENTION CUSTOMERS

The Month of the Military Child Event
Celebration scheduled for Saturday, 27
April (Berkey Field) will move into the
Bowling Center due to inclement
weather.

Kids may enjoy 20 lanes of bowling,
pizza and drinks, all free (kids only)
from 10 a.m. - 5 p.m.

We thank you for your understanding and patience.



Visit us on the web!



The
Fleet & Family Support
Center

SMOOTH MOVE RESOURCE FAIR/ PCS BINDER INFO

May 3, 2024
0900 - 1100
CRC BLDG, 2nd FL, KODO RM

Are you moving within the next 6 months?

Stop by our resource fair and meet with
subject matter experts from several
organizations to include Household Goods,
Housing, Tricare, NFCU, Navy Lodge, EFMP,
Veterinary, NAVPTO, and our
Personal Finance Manager.

Please call 243-3372 or email
FFSCinfo@us.navy.mil to sign up!



THE ENLISTED TO OFFICER ROADSHOW

JAPAN
EDITION

02MAY24: Naval Base Sasebo:
MWR Showboat Theater

09MAY24: Naval Base Yokosuka:
MWR Benny Decker Theater

Time:
1300-1500

Officers share lessons learned from
each commissioning source and more
than 30 different communities

Register at SDNNOA.org

FFSC Virtual Clinical Counseling CONNECT to GET CARE

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

Virtual clinical counseling helps with:

- Separation
- Relationship issues
- Grief
- Parent-child interactions
- Deployment
- Other challenges related to military and family life
- Relocation

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code to link to a brief form to get started.



www.ffsp.navy.mil



**WIN UP TO \$5000
OLD SCHOOL
BINGO!**

FRIDAY, APRIL 26 • 5 - 9 P.M. • CPO CLUB MAJOR ROOM

Bingo is back! Come play overall jackpot "Old School" Bingo (no machines available). Game packages, special games, dubbers, buffet and beverages will be available for purchase. Outside food and beverages is prohibited. Open to all hands. Ages 18 & up (no children).

CPO Club • 243-5506 Visit us on the web!

DRIVER'S EDUCATION CLASS



May 28 - June 12
Yokosuka CRC Bldg. 1F Rm 110

Course Fee:
\$325
per person

This class is for new drivers who have never been licensed to drive. This is a 16-consecutive day course that includes full classroom instruction, in-car driving instruction and road test.

Course completion requirements:
Minimum of 20 hours of in-classroom instruction; Minimum of five hours of driving instruction with the course instructor; Minimum of 10 hours of driving practice with a properly licensed adult; And a passing grade on the instructor's approved written test, prior to receiving the course completion certificate.

Eligibility Requirements:
Students must have reached the age of 16 prior to the first day of class; Students must have permission from a parent or legal guardian; All other students (Active Duty, civilians and spouses) must be SOFA sponsored.

Note:
As each state has different requirements, there is no guarantee that a stateside drivers' license can be obtained by presenting the certificate of completion to a State Department of Motor Vehicles. Parents and students are encouraged to research the requirements for their particular state.

For more information or to register, please call 241-4111 or 046-896-4111 or stop by the Yokosuka Community Center Program Office located in the Community Readiness Center (CRC) Bldg. 3365, 3rd Floor (across the street from the Commissary).

IKEGO WEST VALLEY RECREATION AREA



Cabin & Campsite Rentals

The Ikego West Valley Recreation Area is the place to spend a fun-filled weekend with family and friends!

Campsite reservations can be made at the Outdoor Recreation Center Thursdays to Tuesdays from 10 a.m. - 6 p.m. Each site holds a maximum of twenty people. Cabin reservations can only be made at the Outdoor Recreation Center along with payment. There are five rustic cabins available for rent. Three of these cabins offer solar powered heat and air-conditioning. None of the cabins have running water. Cabin rentals start at \$40/day

All cabins and campsites have a designated BBQ grill.

Paintball Paradise

Weekend Open Play

Whether you prefer the mission-based teamwork of Saturday's Woodsball games or the fast-paced action of Sunday's speedball games, Ikego's Paintball Paradise is the place to be!

Don't have your own equipment? On weekends, rent a marker and mask for \$20 including unlimited air and field fees. For players with their own gear, the cost is only \$10 for field fees and unlimited air. Paint sold separately.

Weekday Group Reservations

MWR offers a special package for private weekday reservations of its paintball field. The package includes a marker, mask, unlimited air, and 200 paintballs.

Field Reservations

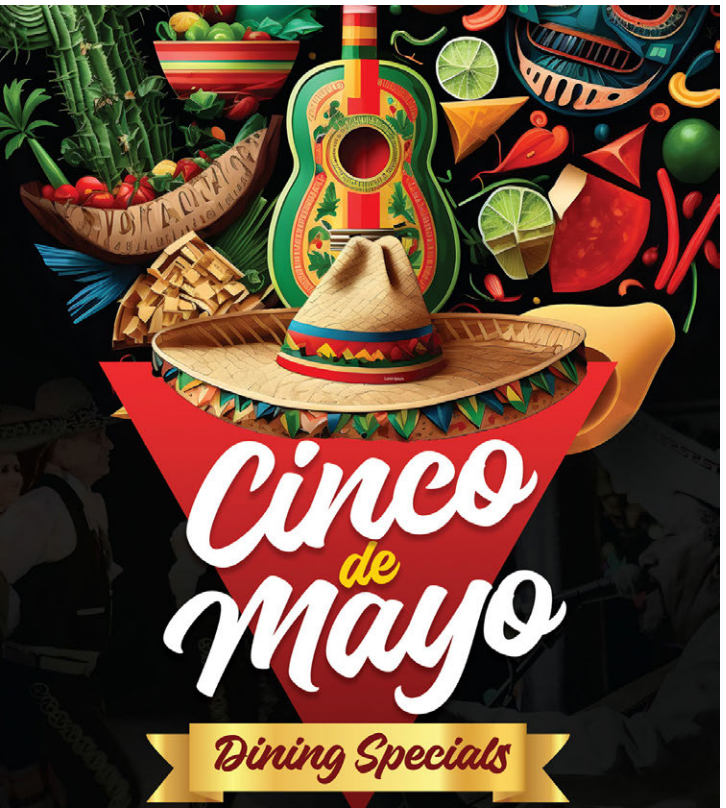
Available Monday through Friday from 9 a.m. - 2 p.m. A minimum of ten players and seven days advanced notice are required.

Paintball Prices

Case (2,000 paintballs) \$65
Bag (500 paintballs) \$20

Weekday Reservation Fees

2 hours: \$20 per player (mask & marker)
4 hours: \$36 per player (mask & marker)



Cinco de Mayo

Dining Specials

CPO Club • May 3 11 a.m. - 2 p.m.

Enjoy this special buffet with a mariachi band and an array of Mexican dishes.
\$15 Adults / \$7.50 Ages 6 - 11
Free for Ages 5 & Under

Officers' Club Kosano Dining Room May 5 • 9 a.m. - 2 p.m.

Join us for delicious Mexican cuisine selections and traditional brunch items!
\$23.95 Adults / \$10.50 Ages 6 - 11
Free Ages 5 & Under

Club Takemiya May 5 • 4 - 9 p.m.

Celebrate this festive day with our award winning entrees, salads, soups, dessert, and beverages!
\$24 Adults / Kids \$12

CONTACT US:

243-5732 (on-base)

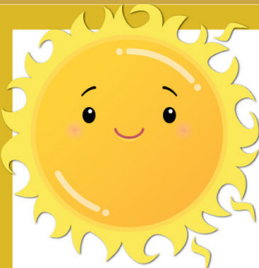
046-816-5732 (off-base)



Officers' Club • 243 5030
CPO Club • 243-5506
Club Takemiya • 246-8075



Visit us on the web!



KIDS Summer CAMP

June 10- August 16 • 6 A.M. - 6 P.M.

Week 1: June 10 - 14

The Great Outdoors



Week 2: June 17 - 21

Mission Impossible



Week 3: June 24 - 28

Time Travel



Week 4: July 1 - 5

We Got the Beat



Week 5: July 8 - 12

Out of this World



Week 6: July 15 - 19

Ninja Warriors



Week 7: July 22 - 26

Let's Get Physical



Week 8: July 29 - Aug 2

Animal Planet



Week 9: Aug 5 - 9

Under the Sea



Week 10: Aug 12 - 16

Field Day
Blast from the Past



CYP Registration



MilitaryChildcare.com



Child and Youth Programs



Call Third Avenue SAC @ 243-3439, Green Street SAC @ 241-4100, or Ikego SAC @ 246-8301

BEYOND THE GATE



Star Wars Day Yokohama Minatomirai 2024

April 26 (Friday) - May 6 (Monday)

Yokohama Minatomirai area (1 or 2-minute walk from Minatomirai Line Minatomirai Station, MM-03)

Expect a lot of interactive Star Wars activities around the Minatomirai area. The main attraction is a light show with scenes from the movies for you to relive the most epic moments from the series.

- **Star Wars light display (Landmark Plaza):** 7 a.m. to midnight, with special performances every 30 minutes between 3 p.m. and 11 p.m.
- **Star Wars pop-up store (Landmark Plaza):** 10 a.m. to 8 p.m. from May 3 to 5, the store will open at 11 a.m.
- **Star Wars film screenings (MARK IS):** May 3 to 6
- **Star Wars Lego building (MARK IS):** 10 a.m. to 6 p.m.
- **Star Wars workshops (MARK IS):** April 27 to 29, 10 a.m. to 6 p.m.
- **Lightsaber balloons (MARK IS):** May 3 to 5, 10 a.m. to 6 p.m.
- **Star Wars art exhibition (Sky Building):** 10 a.m. to 11 p.m.
- **Character meet and greet (various locations):** May 3 to 5



Yokosuka Iris Garden Wisteria Festival

Until May 5 (Friday)

9 a.m. to 7 p.m. | Yokosuka Iris Garden (Take a #3 bus from JR Kinugasa Station, JO-02 and get off at Iris Garden bus stop. 2-minute walk from the bus stop)

Yokosuka Iris Garden is known for its 412 varieties of iris flowers and more than 140,000 blooms. Food trucks, a farmers' market and local ice cream are also featured. Limited parking is available. Admission is ¥320.

Yokosuka Downtown Kids Festival

April 28 (Sunday)

11 a.m. to 4 p.m. | In the vicinity of Mikasa Street, Lidre Yokosuka Area and Blue Street area

There will be enjoyable events like street performances, slipper table tennis, cardboard maze, , flea markets, food trucks, kitchen cars and more!

Yokosuka Tsukemen Festival

Until May 6 (Sunday)

5 to 8 p.m. (Friday)/11 a.m. to 8 p.m. (Saturday, Sunday and Japanese holiday) | Mikasa Park (5-minute walk from Yokosuka Main Base)

Yokosuka Tsukemen Festival is launching a brand new edition in Yokosuka. Billed as Yokosuka's first ramen event of this scale, the Yokosuka Tsukemen festival is sure to entice ramen lovers from across the Kanto region this spring. A total of 32 ramen shops will be gathering from across Japan, likely to cover styles such as Hokkaido miso ramen, Hakata tonkotsu and even the home favourite Yokohama Iekei ramen. Full details regarding which ramen shop will be attending and on which weekends are to be announced closer to the event.

NEWS AND NOTICES

HEADS UP ABOUT TRAFFIC DURING GOLDEEN WEEK

"Golden Week," a week of Japanese national holidays, kicks off on Saturday, April 29. Since a great number of families and friends are expected to travel by car, train, or plane throughout Japan, please allow time for traffic congestion. Please use **"Weekends/Holidays" Time Tables** for train/ bus on the following days.

- **Monday, April 29 (Showa Day)**
- **Friday, May 3 (Constitution Day)**
- **Monday, May 6 (Substitution of Children's Day)**

UPCOMING MOTORCYCLE TRAINING

A Motorcycle Safety Foundation BRC class is scheduled at North Dock for May 11 and 12. Enrollment process is thru the Enterprise Safety Applications Management System (ESAMS) website. https://esams.cnic.navy.mil/ESAMS_GEN_2/Login. For more information please contact CNRJ Safety at 243-9635.

VOLUNTEER OPPORTUNITY FOR JUNIOR SAILORS (E6 AND BELOW)

CFAY Public Affairs Office is looking for 13 U.S. volunteers who would like to interact with Japanese guests at our "Navy Awesome Café," an event where you can enjoy conversation over tea or coffee in a relaxed atmosphere.
Date: Wednesday, June 5
Time: 9:45 a.m. to 12:30 p.m.
Place: The U.S.-Japan Cultural Exchange Center by the Main Gate (Next to Gate Pass Office)
Attire: Navy Working Uniform

Note: This is not an English class. This event is for Japanese people who are interested in communicating with U.S. Sailors, but their English skills vary. Japanese media might come to cover the event.

Sign-up: Email your name, rank, command name and phone number to cfaycomrel@gmail.com. Please sign up through your COMREL coordinator)

PREPARE TODAY! COMPLETE A RED CROSS CONTACT CARD

One of the main Red Cross missions OCONUS is to provide the Emergency Communication Message, AKA "Red Cross Message". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your emergency leave. Fill out a contact card today to ensure your contact information is ready before an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.

VOLUNTEER NOW FOR THE AMERICAN RED CROSS

Contingency Team

Help with emergency messages and during large scale emergencies.

Disaster Action Team

Help provide immediate assistance on scene of an emergency, and participate in base exercises

Also available:

- Youth Preparedness Team
- MTF Professional and Admin Help
- CPR/BLS/Babysitting Instructor
- Library
- PAWS
- Vet Clinic
- Post Office

How to volunteer:

1. Use a desktop or laptop computer.
2. Search and go to Red Cross Volunteer Connection.
3. Use the Yokosuka FPO zip code 96349.
4. Complete the on-line training.
5. If you have any problems, email: yokosuka@redcross.org, or call 243-7490.

CONSTRUCTION AND CLOSURES

Ikego Yasakayato Road:

Maintenance will be conducted on Ikego's barriers on April 29 from 9 p.m. to 2 a.m. The entrance to Shisagi Road will remain open.

Yokosuka Red Brick Area: Full road closure on weekends and holidays until July 2024 due to underground electrical repair. Taxi stand remains operational.

Sherman Avenue and Forrestal Street: Partial closure until June 30 due to asphalt replacement work.

Defense Logistics Agency Parking Lot: 50 percent of DLA parking lot until February 2025.

Ikego NEX/MWR Parking Lot: 50 percent of NEX/MWR parking lot until October 2025.

McCormick Street and Leahy Street: Full road closure for underground utility works until Feb. 28, 2025.

Vandegrift Lane: Full road closure until October 2025.

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